

LIVING MASTER/GUIDE CONCEPT

(A Message to All Abhyasis of Sahaj Marg)

1. Necessity of a Master/Guide

For starting any form of education—spiritual or worldly—a Master is essential. A true Master is one who has mastered the subject and is capable of guiding seekers who come to learn, follow, and progress step by step according to the principles of that path.

After the Master leaves the physical body, any person who has genuinely attained the Master's level and follows the same system and principles may guide new seekers or those who have lost their connection. Such a guide functions only as a successive representative of the original Master.

2. Continuity of Connection

If a successive representative declares that “nothing comes from a dead Master,” then that person is automatically disconnected from his own Master. This principle was clearly stated by Lalaji Maharaj.

Lalaji Maharaj said:

“People have taken me to be dead. When they considered me to be dead, obstruction in that current (of transmission) also got created; and mostly people did not maintain connection with me.”

3. Method of Connection (Evidence from the Masters)

For those who question how connection can continue, the Masters have already given clear guidance:

“First of all, the connection of one's disciple to one's own Master and Highest Predecessor be established.

Then, establishing the connection from the disciple's heart to his or her brain, its chain be linked to the connection established first. Thereafter, it is to be conceived that the connection from the heart through the mind to the

Highest Predecessor has been established; and this be endowed with a light force.”

“This alone shall remain the method for the future; and this invention will be related to the name of dear Ram Chandra. This is something Providential, that such things are issuing forth from him.”

If a successive representative is disconnected, the above condition naturally applies to him.

4. Spiritual Inheritance (Patrimony)

Lalaji Maharaj clearly stated:

“If you desire to have your father’s patrimony, you must learn the father’s discipline, system of education, and knowledge.”

Spiritual inheritance cannot be claimed. It is obtained only by practice, inner conformity, and faithful adherence to the Master’s principles.

If a successive representative modifies or changes the teachings of his Master, then he is no longer capable of teaching the Master’s system. He becomes a master only of his own teachings, not of Sahaj Marg.

5. Living Master and Inner Communication

Many abhyasis have a genuine doubt: How can spiritual sadhana continue without a living Master after the Master leaves the physical body?

Babuji Maharaj explained that between points A and B, there exists a subtle point through which communication with higher and brighter worlds is possible. When an abhyasi attains this capacity, he receives everything directly from his original Master.

If an abhyasi feels that inner communication guided him to approach a living Master, he must honestly judge within himself. Following a living Master is correct only if that Master strictly follows the rule of connection as laid down by the Sahaj Marg Adi Guru.

If this method is followed, then after a few years of sincere sadhana, the abhyasi naturally attains intercommunication with the original Master.

6. Freedom of Individual Choice

Present-day SRCM abhyasis are free to follow according to their spiritual needs and understanding.

This message is shared only for reflection. The final decision rests with the individual abhyasis perception and conscience.

7. Clarification on Connection

“Connection remains with the Master alone. The guiding master may also be included therein.”

Question: Are the relationships of elders prior to the Master also to be taken?

Answer:

“All relationships are included in the Master.”

A Humble Request to Abhyasis Visiting Shahjahanpur

Lalaji Maharaj instructed:

“Whenever one goes to a place, one should follow the instructions of the superintendent of that place.”

Shahjahanpur Ashram was dedicated by Babuji Maharaj to his Master, Lalaji Maharaj in 1976 Vasanth Panchami day. Therefore, abhyasis are requested to: Maintain the sanctity of the Ashram as it was prior to June 1983

Speak and practice only Sahaj Marg, not other systems. Sahaj Marg system of meditation starts with Dyana 7th step in Ashtanga yoga. No sage given importance to body. The aim of Dyana is to merge in Ultimate, not relaxation of the body. If start with Body relaxation it is not 7th step of Ashtanga Yoga i.e. Dhyana (meditation)

Understand that Transmission flows directly from the Source, not through TV or other media.

Babuji Maharaj explained two cleaning methods:

In the 1st method of cleaning, the abhyasi receives the Master's grace

In the 2nd method cleaning, the abhyasi learns how to draw Divine energy from the Source.

8. About Contributions

From sister Kasturi memories 'Who was He'

Another great story below behind the Iconic Ashram! Let us preserve Babuji's Legacy built with Hard work & Miracles

"Once it was twelve O'clock at night & the meeting was going on in full swing. The topic was that during the construction of the Ashram the left over money was sufficient only for two days of work. The question was what will happen after that? Our Revered master was smoking his hukka in a very tranquil pose. When no solution could be found every one became silent. All of a sudden he kept his hukka aside & said: "Nothing will happen. We will stop the work of the ashram. It was Lala Ji only who had encouraged us to construct the ashram. Now it is He only who will get the work completed." ...

Next day when the postman came, Sri Babuji Maharaj straight way put the question to him: "Bhai ! Have you brought any money order etc. for us?" When he replied in affirmative: "Yes Babuji!" Sri Babuji Maharaj at once put his glasses on & went to him with a pen. The postman took his signatures & a draft of Rs. 50000/- was handed over to Sri Babuji... After that Sri Babuji sat on His chair & said, "So our Lala Ji Sahib did not let us stop the construction of the building. Do you know why? Because in Shahjahanpur it would have become a matter of ridicule that ultimately the work of Babu Ji's Ashrama has come to stand still."

When an abhyasi stays in the Ashram for two or three days, accommodation, food, and services are provided. The approximate daily expense per person is around ₹250. If you are staying 3 days it costs ₹ 750/- to this add additional amount as per your capacity. Never think about free, this is your ashram.

Any additional contribution made is purely towards Ashram maintenance, renovation, and development.

We sincerely thank all abhyasis who have contributed to the present renovation. This is a valuable opportunity, similar to how senior abhyasis contributed during the Ashram construction in 1970s.
